

CURRENT MEDICATIONS

Medication name	Dosage	Frequency

DATE _____ CHART # _____

NAME _____

HM PH _____ WK PH _____

DOB _____ AGE _____

SS# _____

ALLERGIES _____

Do you take: Multivitamin Calcium Aspirin a day Extra Vitamin E Herbal Remedies

CURRENT/PAST ILLNESSES ?WHEN

(Ex. Asthma, Arthritis, Diabetes, Cholesterol, High Blood Pressure, Heart Disease, Thyroid Problems, Hysterectomy, Anemia, Back Surgeries)

HOSPITALIZATIONS/SURGERIES ?WHEN

FAMILY HISTORY: WHAT ILLNESSES HAVE YOUR FAMILY MEMBERS HAD?

(Ex. Colon Cancer, Heart Attack, Stroke, Kidney Disease, Alzheimers, Cancer, High Blood Pressure, High Cholesterol, Glaucoma, Diabetes)

AGE	ILLNESS	AGE	ILLNESS
Mother _____	_____	Father _____	_____
Grand- _____	_____	Grand- _____	_____
Parents _____	_____	Parents _____	_____
Siblings _____	_____	Siblings _____	_____
Children _____	_____	Children _____	_____

SOCIAL HISTORY (check all that apply)

Marital Status: Single Married Separated Divorced Widowed

Alcohol? Type _____ Amount _____ Ever use street drugs? Y / N Carry a weapon? Y / N

Caffeine? Type _____ Amount _____ How often do you exercise? _____

Smoke? Packs/day _____ For How Long? _____ Interested in quitting? Y / N Quit _____ yrs

Exposed to: Solvents Fumes Airborne particles Asbestos

Fat intake: Mild Moderate Unrestricted Do you wear your seat belt? Y / N

Salt intake: Mild Moderate Unrestricted

Do you have: Difficulty falling asleep? Frequent wakening? Snoring?

Are you satisfied with your quality of **Health and Well-Being**? Yes No Somewhat

What kind of work do you do? _____ Last Colonoscopy _____

When was your last (some may not apply):

Cholesterol Screen _____ Tetanus Booster _____ Pap Smear _____

Flu Vaccine _____ Rectal Exam _____ Mammogram _____

HGA1C (diabetics) _____ Bone Density _____ PSA Prostate Screen _____

What other doctors do you see? _____